

Prospect Invite

Prospect HS
Mt. Prospect, IL
10/16/2018

Deerfield Wins Prospect Invite!

Results

Varsity: 1st of 10

Fr/So: 2nd of 8

15 Runners Take Home Individual Trophies

Varsity – 3 miles

Pl	Name	Time
3	Brett Needelman (Sr)	17:23
4	Mac Cooley (Jr)	17:24
6	Alex Luo (Fr)	17:32
10	Jason Dahlberg (Jr)	17:42
16	Joe Ariano (Jr)	18:08
18	Elai Spector (Jr)	18:12
30	Micah Plofsky (Jr)	18:49
39	Jeremy Plofsky (Jr)	19:23
77	Coby Segal (Jr)	20:36
88	Matthew Kroscher (Jr)	21:14
89	Noah Seed (Sr)	21:15

Frosh/Soph – 2.5 miles

Pl	Name	Time
2	Ben Zamler (So)	14:17
6	Lucas Moskovitz (Fr)	14:36
9	AJ Osborn (So)	14:47
11	Joe Healy (So)	14:48
15	Jonah Kaplan (So)	14:50
19	Zack Greco (So)	14:58
22	Brent Meilman (So)	15:06
23	Ethan Friedman (So)	15:10
36	Jonah Satyr (Fr)	15:52
39	Asher Kriegel (So)	15:59
40	Brendan Beamer (So)	16:00
42	Ethan Blacher (Fr)	16:02
43	Mark Goldenberg (So)	16:03
45	Ben Spiegel (So)	16:09
46	Israel Becerra (So)	16:10
52	Evan Morris (Fr)	16:31
54	Jake Goldstone (So)	16:36
56	Ben Flaxman (Fr)	16:39
57	Thomas Hu (So)	16:46
59	TC Foufas (Fr)	16:51
64	Sam Voigt (So)	17:08
65	Zach Luke (So)	17:09
66	Max Dunn (So)	17:11
67	Kevin Daly (Fr)	17:16
69	Brandon Stein (Fr)	17:19
70	Noam Dor (Fr)	17:21
71	Sam Colwyn (Fr)	17:23
77	Chase Needelman (Fr)	17:37
78	Reid Wilson (So)	17:38
79	Jack Gordon (Fr)	17:40
83	Yijia Wang (Fr)	17:58
86	Robert Getty (Fr)	18:05
90	Logan Lofland (So)	18:29
92	Angel Carrillo (Fr)	18:41
97	Brian Reich (So)	18:45
101	Grayson De Lisle (Fr)	19:06
105	Max Bolon (So)	19:20
107	Trey Symonanis (Fr)	19:37
110	Noah Fishman (Fr)	19:50
111	Tyler Nagelbach (So)	19:56
115	Gabe Rubenstein (Fr)	21:29
120	Ari Eisenberg (Fr)	21:50
125	Nick Krishnan (Fr)	22:38
126	Connor Daly (Jr)	23:37
127	Aleksandar Burmeister (Jr)	23:47
128	Daniel Ballenger (Sr)	31:32



On Tuesday the DFDC traveled to Prospect High School to compete at the Prospect Invite. The Prospect Invite awards trophies for the top 35 finishers in each race, so it's a great chance to earn some hardware. This meet mostly serves as a final race for runners who will not be racing in the IHSA State Series, so it's a competition of depth. It just so happens that depth is a major strength of Deerfield's this year, and it showed.

Senior **Brett Needelman** led the way for the Warriors and proved just how much he had improved over the last year. Last year Needelman finished in 27th place in 18:23, and this year he dropped a minute to finish in 17:23 for third place. Junior **Mac Cooley** finished one second behind Needelman in fourth in 17:24. The Warriors put two more runners in the top ten with freshman **Alex Luo** (6th, 17:32) and junior **Jason Dahlberg** (10th, 17:42). Junior **Joe Ariano** (16th, 18:08) provided the high 5th man finish that the DFDC needed to pull off the team victory and prove that Deerfield has dangerous depth. Junior **Elai Spector** (18th, 18:12) and junior **Micah Plofsky** (30th, 18:49) also finished within the trophies.

Deerfield was competitive in the frosh/soph race too, but fell to Prospect by a single point 42-43. Sophomore **Ben Zamler** was up near the front the whole time and finished the 2.5 mile race in 14:17 for second place. Freshman **Lucas Moskovitz** perhaps had the best performance of the day finishing in 6th place. This was Moskovitz's highest finish on the team all season. Sophomores **AJ Osborn** (9th, 14:47), **Joe Healy** (11th 14:48), and **Jonah Kaplan** (15th, 14:50) were the third, fourth, and fifth runners for the Warriors. Then sophomores **Zack Greco** (19th, 14:58), **Brent Meilman** (22nd, 15:06), and **Ethan Friedman** (23rd, 15:10) also earned top 35 trophies.

This performance was a great way to close out the 2018 cross country season for most of the DFDC. Over the last two months everybody learned that their potential as a runner is beyond where they thought it was. This kind of depth and determination will make Deerfield a dangerous team this track & field season and next cross country season.



Following the meet, the team took its annual detour to Steak 'n' Shake to celebrate a job well done and a fantastic cross country season.

